

From the Desk of Mark Blane



Secret Legal Weapon in Your Injury Case

As your personal injury trial date nears, things get heated up on the defense and plaintiff side. Usually, both sides have asked and answered their questions to one another via the "discovery process," and you have attempted to settle the case through the voluntary mediation process only to find out both sides could not reach an amicable resolution. Maybe you have already attended a Defense Medical Exam to boot. You and your personal injury lawyer have come to the "crossroads of making a very important decision," preparing your case for a jury trial.

[Watch Now](#)

The 5 Big Benefits of Having Medical Pay on Your Car Insurance

Medical Pay in California is available under your automobile insurance in California as a "voluntary add-on." This means it is not required by California law, but rather elective by you. I ALWAYS recommend a person to have medical payments under their car insurance because it is like having extra health insurance under your car insurance that will pay for medical bills that require payment right away, to help to protect your credit. Sometimes your private health plan does not pay for everything, or you have co-pays that are owed. Yes, you will get a settlement at some future point, but sometimes your medical bills need payment right away.

[Read More](#)

Success Story

Insurance Company Finally Agrees to Pay Up

Our client, an active-duty Navy member, was riding his Triumph motorcycle to work when a large pickup truck merged into his lane, striking his throttle hand and causing him to lose control of his bike; he crashed into the car in front of him. The accident left him with serious injuries and lost opportunities, so when the defendant's insurance company accused him of lane-splitting, we filed a lawsuit and went to work.

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Feature Article

What You Need to Know If Your Child Is Injured in a Pedestrian Accident



Any pedestrian accident can cause the victim to be injured. However, a child who is struck by a car or truck can suffer long-term injuries or death. In addition, due to their smaller size, they are more likely than an adult to be the victim of these preventable collisions in California.

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Stay in the Know



Should I sign a medical release for the insurance company after my motorcycle accident?

[Get the Answer](#)



Why are children injured in slip and fall accidents?

[Get the Answer](#)

Help for Accident Victims and Their Families



Attorney Mark C. Blane has written and published several legal help books for injured folks in California, and they're available to you for **FREE!**

These books are a great source of valuable legal information. They offer insider information on what you need to know before calling a lawyer as well as insights the insurance companies would rather keep to themselves!!!

[Download a Free Book Today!](#)

Smoothie of the Month



Orange Superfood Smoothie

This smoothie is chock full of superfoods and antioxidants that aid the body's healing process and give the immune system a boost. This refreshing citrus superfood smoothie is paired with the natural sweetness of banana and soluble rice bran powder. Recipe courtesy of [Simple Green Smoothies](#).

Ingredients:

- 1 orange (peeled and seeded)
- ½ banana
- ¼ cup coconut water
- 1 tablespoon goji berries
- 1 tablespoon hemp seeds
- 1 tablespoon chia seeds
- 1 tablespoon TOCOS (soluble rice bran powder)
- 1 tablespoon lime juice
- ½ cup ice
- 1 serving Protein Smoothie Boost (optional)

Instructions:

- Blend the oranges and other ingredients, except the ice, until smooth.
- Add the ice and blend again.

Enjoy!

What Clients Have to Say About Working With Us

"I was hit three times and that was the year I was introduced to Mark Blane. The motorcycle accident was the third accident. When I told him my issue he found someone to help me. He got my tooth fixed with a dentist. I went through therapy. Everything I needed he got me, and I was taken care of. I know he is honest. I know he is there for me. He paid attention. He listened. I recommend him all the time. He cared about what he did. He cared about the person he was doing it for, and it shows in his work."

- Miguel Asmar

